


Gofynnwch am / Please ask for:

 ~~01492 575031~~

Ein Cyf / Our Ref:

Eich Cyf / Your Ref:

Dyddiad / Date: 01.11.2021

Annwyl Rhieni / Gofalwyr

Diweddariad ar wybodaeth Hunan-ynysu a Brechiadau

Rydym yn falch o groesawu bob dysgwr yn ôl ar ôl egwyl hanner tymor. Hoffem dynnu eich sylw ar y canllawiau diweddaraf gan Lywodraeth Cymru ar gysylltiadau'r cartref a gyhoeddwyd ac a ddiweddarwyd ar 29 o Hydref 2021.

Mae hunan-ynysu wedi newid pan fydd gan rywun yn eich cartref symptomau coronafirws neu wedi profi'n bositif am coronafirws.

Os oes gan rywun yn eich cartref symptomau neu os oes rywun wedi profi'n bositif a'ch bod wedi'ch brechu'n llawn neu rhwng 5 a 17 oed, dylech hunan-ynysu a chael [prawf coronafeirws \(COVID-19\) | LLYW.CYMRU](#). Os yw'r prawf yn negyddol gallwch roi'r gorau i ynysu.

Nid oes rhaid i blant o dan 5 oed hunanynysu na chymryd prawf os ydynt wedi dod i gysylltiad ag achos positif yn eu cartref neu rywle arall.

Gellir dod o hyd i ragor o wybodaeth ar y ddolen ganllaw atodedig: [Hunanynysu | LLYW.CYMRU](#)

Mae siart llif wedi'i hatodi isod a ddylai gynorthwyo ac sy'n nodi'n glir yr angen a'r gofyniad i bawb hunan-ynysu yn unol â Chanllawiau cyfredol Llywodraeth Cymru.

Dear Parents/ Carers

Updated information regarding self-isolation and Vaccinations

We are pleased to welcome all learners back after the half term break. We would like to draw your attention to the updated Welsh Government guidance on household contacts which were published and updated on 29th October 2021.

Self-isolation has changed when somebody in your household has coronavirus symptoms or has tested positive for coronavirus.

If someone in your household has symptoms or has tested positive and you are fully vaccinated or aged 5 to 17 you should self-isolate and [take a PCR test](#). If your test is negative you can stop isolating.

Children aged under 5 do not have to self-isolate or take a test if they have been a contact of a positive case in their household or otherwise.

Further information can be found on the attached guidance link: [Self-isolation | GOV.WALES](#)

A flow chart has been attached below which should assist and clearly identify the need and requirement of self-isolation for all in line with current Welsh Government Guidelines.



Self-isolation flow chart (household).d



Siart Llif Hunan-ynysu (cyswll)

Er gwybodaeth mae'r Bwrdd Iechyd yn cynnig brechiadau ar gyfer plant 12-18 oed yn Argyle Road, Llandudno rhwng 8.30y.b a 7.30y.h ar ddyddiau Sadwrn a dyddiau Sul tan diwedd mis Tachwedd. Mae'r safle yma yn derbyn apwyntiadau wedi'u hamserlennu yn ogystal â galw mewn heb apwyntiad. Bydd angen i bob plentyn sy'n mynychu fod yng nghwmni rhiant / gofalwr.

Os yw'n fwy cyfleus mynychu canolfannau brechlyn Glasdir, Llanrwst neu Fae Kinmel, bydd angen i rieni ffonio 03000 840004, cynigir yr apwyntiadau hyn ar gyfer dyddiau'r wythnos a phenwythnosau.

Fel bob amser, hoffwn ddiolch i chi am eich cydweithrediad unwaith eto, ac am eich cefnogaeth parhaus.

For your information the Health Board are currently offering vaccinations for 12-18 year olds at Argyle Road, Llandudno from 8.30am to 7.30pm on Saturdays and Sundays until the end of November. This site accepts scheduled appointments as well as drop-in sessions. All children attending will need to be accompanied by a parent/carer.

If it's more convenient to attend Glasdir, Llanrwst or Kinmel Bay vaccine centres, parents will need to call 03000 840004, and these appointments are offered for week days and weekends.

As always, I would like to thank you for your co-operation, once again, and for your continued support.

Yn gywir / Yours sincerely



Dr Lowri Vaughan Brown
Prif Swyddog Addysg/Chief Education Officer
Pennaeth Gwasanaethau Addysg/Head of Education Services