

Why study Sport National Extended Certificate Level 3?

This course is suitable for anyone with a keen interest in all aspects of sport who would like to develop their knowledge and skills in this area. There is the opportunity to do practical activities during the course. It is important to note however, that your ability in the practical elements will not alter your overall score in any of the assessments.

What will this involve?

The course involves 4 units, 2 units are externally assessed under exam conditions and 2 units are coursework based and involve writing extended assignments. External assessment accounts for 67% of the overall marks. The grade you achieve is equivalent to A level grades with the same UCAS points, a distinction is equivalent to an A grade and worth 48 UCAS points.

You will undertake the following units:

Anatomy and Physiology - External assessment

Fitness training and programming for health, sport and wellbeing - External assessment

Professional development in the sports industry - Coursework

Application of fitness testing - Coursework

Where do I go from here?

On successful completion of this course, you will be awarded a National Extended Certificate in Sport equivalent to one A level. You could choose to apply for a job straight away within the sports industry or apply for higher education to study a degree related to sport, alternatively use the UCAS points to apply for a course unrelated to sport.

Where do I go from here?

The qualification carries UCAS points and is recognised by higher education providers as meeting, or contributing to, admission requirements for many relevant courses. Learners can progress to higher education on full degree single or combined courses, for example:

- BA (Hons) in Sports Development and Management
- BSc (Hons) in Sports Management
- BSc (Hons) Sports Business Management
- BSc (Hons) Sport and Leisure Management
- BSc (Hons) Sports Science (Outdoor Activities)

- BSc (Hons) in Exercise, Health and Fitness
- BSc (Hons) in Sport and Exercise Psychology.

Alternatively, students may choose to use their qualifications to apply for a career in the sports sector or related job opportunities such as teaching or the forces.