



24 September 2020

Dear Parents and Guardians,

Information regarding a confirmed case of coronavirus in Ysgol John Bright

NHS Wales Test, Trace, Protect has been informed of 2 confirmed cases of COVID-19 (Coronavirus) in Ysgol John Bright.

Parents of students in Year 7 and Year 9 are to keep their children home until further notice.

Self-isolation advice requires **your child** to:

- stay at home
- not to go outdoors to exercise
- not to visit shops, family or friends, or to other public spaces.
- Please do not invite people to your house.

If your child remains well then the other members of the household do not need to isolate and can continue with their normal activities.

Ysgol John Bright is working closely with Public Health Wales, the Local Authority and NHS Wales Test, Trace and Protect to ensure that all the appropriate measures are in place to protect learners, staff and the wider community. Contact tracing is underway and if anyone is identified as a contact of a confirmed case of COVID-19, a contact advisor from Test, Trace and protect will be in touch.

However, as a precaution, please be alert for any symptoms of COVID-19:

- A new or continuous cough
- A high temperature of > 37.8°C
- A loss of, or a change to sense of smell or taste

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If you develop any of these symptoms, even if they are mild:

- Book a test by phoning 119 or through the online portal: <https://www.nhs.uk/ask-for-a-coronavirus-test>
- Inform myself as the Headteacher of Ysgol John Bright that you are unwell with COVID-19 symptoms and that you have requested a test (via general@johnbright.uk)
- You should self-isolate for 10 days from when your symptoms started
- All other household members should isolate for 14 days from when you developed symptoms. In line with national guidance please adhere to measures relevant to the family situation
- Do not visit a GP surgery, pharmacy or hospital but if you require medical advice please contact NHS 111 or telephone your GP; if there is a medical emergency phone 999
- Please follow the advice provided when you receive your test result
- To reduce the risk of COVID-19 spreading, there are things that everyone in your family can do to help. These include:
 - washing hands with soap and water often – do this for at least 20 seconds
 - using hand sanitiser gel if soap and water are not available
 - wash hands as soon as anyone arrives at home
 - covering their mouth and nose with a tissue or sleeve (not their hands) when they cough or sneeze
 - putting used tissues in the bin immediately and wash hands afterwards

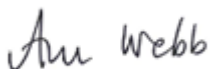
Further information on symptoms and self-isolation can be found here <https://gov.wales/symptoms-and-self-isolation-contact-tracing>

Further formation on Test, Trace, Protect can be found here <https://gov.wales/test-trace-protect-coronavirus>

For general information on COVID-19 <https://gov.wales/protect-yourself-others-coronavirus>

The COVID-19 online symptom checker can tell you if you need medical help and advise you what to do <https://gov.wales/check-if-you-need-coronavirus-medical-help>

Yours sincerely



Ann Webb
Headteacher